

## WHY 3D POWERSCULPT?

3D Powersculpt offers a targeted approach to muscle toning and body shaping – and can also be used as an accelerator to other 3D-lipo body-contouring treatments.

### 3D Powersculpt can:

- ✓ Burn fat
- ✓ Tone muscle
- ✓ Build muscle
- ✓ Shape
- ✓ Sculpt
- ✓ Lift and tighten



TECHNOLOGY ACCELERATED  
MUSCLE STIMULATION

## HOW DOES THE TREATMENT WORK?

Using High Intensity Focused Electro-magnetic technology to engage the muscle, the 3D Powersculpt hand pieces contract the muscles like they would during exercise.

Featuring seven different waveforms for varied desired results, the electro-magnetic technology continuously contracts the muscles throughout the treatment, forcing the muscle tissue to adapt, resulting in muscle building and fat burning.

### BENEFITS OF TREATMENT

- Equivalent to 20,000 crunches or squats in just one treatment.
- Fast, affordable treatments.
- Can target multiple areas.
- Non-invasive.
- Effective results.
- Pain free.
- No exercise required\*.

*\* A healthy lifestyle should always be maintained and this machine should not be used as an alternative to aerobic or cardiovascular exercise.*



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From the creators of 3D-lipo™

Introducing a powerful new revolution in body shaping and muscle toning.

Just one 30-minute treatment is equivalent to 20,000 crunches or squats.



MAR-PWS-CPLF-REV05

# 20,000 CRUNCHES, NO SWEAT

Just one 30 minute treatment = 20,000 crunches or squats



TECHNOLOGY ACCELERATED  
MUSCLE STIMULATION



## RESULTS AFTER JUST 4 TREATMENTS

*"I've only had 4 treatments so far on my lower abdomen – and the change I've seen has been amazing!*

*The whole area looks and feels tighter, firmer and more defined. The treatment can feel slightly uncomfortable at times, but no more than exhausting your abs in the gym!*

*This machine keeps the muscles contracting, rather than giving up like you would during exercise – so you can definitely feel it working."*

– Shannon, Rugby



TREATMENTS



30 MINS PER  
TREATMENT

## FAQs

### Am I a suitable candidate for this treatment?

Yes! As long as you are over the age of 18 and don't have any of our medical contra-indications\*. However, best results are seen on clients following a healthy lifestyle. Clients who are unable to exercise (providing the reason for inactivity isn't a medical contra-indication) may benefit from this muscle strengthening technology to help prevent muscle deterioration while inactive. Those who are regular gym goers may also benefit from this treatment, whether you are looking to treat tired muscles or target specific areas that you either don't enjoy training, or are struggling to see results with.

### Is the treatment safe?

Yes! The 3D Powersculpt treatment transmits consistent electro-magnetic fields to the muscle area of choice, triggering the biological effect of exercise in a non-invasive, painless manner.

### How long does the treatment take?

Each treatment lasts 30 minutes, making sessions suitable around even the busiest of lifestyles!

### What will I feel during the treatment?

The treatment is completely pain free but can sometimes feel a little uncomfortable. During the treatment you will feel the muscles contracting and relaxing, however, this discomfort is no more than exhausting your muscles in the gym.

### What results can I expect?

Results will vary depending on your starting physique. However, a course of treatments will result in toning, muscle building and fat burning within the area.

### How many treatments are recommended?

Your practitioner will advise you, typically eight sessions, two-three times per week is recommended.

### Is there any downtime following treatment?

As this treatment is non-surgical, there is no downtime and you can continue with your day-to-day activities straight away. If you are a regular gym-goer we would recommend that you don't train the treatment area for 48 hours post-treatment.

### What aftercare is required?

There is no aftercare formally required other than maintaining a healthy lifestyle for maximum results.

\* More advice on contra-indications will be provided during consultation.